

Accepted Health Plans

The list below includes insurance plans accepted at Exer Urgent Care and is not intended to imply that Exer is otherwise associated with or sponsored by the companies listed. You may or may not have a copay or other out-of-pocket expense due at time-of-service. The amount you owe is determined by your specific health insurance plan.

All PPO/POS Plans	Hooray Health	Partners Direct Health
Aetna	Humana (HMO only)	SCAN
Alignment Health	Inland Empire Health Plan (IEHP)	Tricare West, Tricare East, Tricare For Life, Tricare Prime
Anthem Blue Cross	Innovative Partners	TriWest / Veterans Administration (VA)
Anthem Blue Cross	Imagine360	UnitedHealthcare
Blue Shield	Kaiser Permanente SoCal / NorCal	USC University of Southern California PPO/EPO
Blue Cross Blue Shield Out-of-State	LA Care	Wellcare
CalOptima	Medi-Cal	
GenCal Health	Medicare	
Cigna and Cigna + Oscar	Molina	
Gold Coast	MultiPlan / PHCS	
Health Net	Optum	

**Insurance acceptance may vary per clinic.*

As of February 19, 2026



Accepted IPAs / Medical Groups,

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Access Med Group IPA	Beaver Med Group IPA	Dignity Health Medical Network- Ventura
Access Senior Healthcare IPA	Bella Vista IPA	Direct Network So. Cal IPA
Accolade Care IPA	Blue Zones Health	Eastland Med Group IPA
Accountable IPA	Brookshire IPA	Edinger Medical Group
ADOC Med Group IPA	Brown & Toland Med Group IPA	El Proyecto IPA
Advanced IPA	BZ Health - Marina	Emanate Health IPA
Advanced Med Doctors of CA IPA	BZ Health- Santa Monica	Epic Health Plan IPA
Advantage Care IPA	BZ Health Network of CA	Exceptional Care IPA
Adventist Health IPA	California Pacific Physicians Med Grp IPA	Facey Med Group IPA
Alliance Health IPA	CalOptima Community Network IPA	Family Care Specialist IPA
Allied Pacific IPA	CareMore IPA	Family Choice IPA
Allied Physicians IPA	Cedars-Sinai IPA	First Valley Medical Group
Alamitos IPA	Center IPA	Gateway Comprehensive Med Grp
Alpha Care IPA	Centinela Valley IPA	Global Care IPA
Alta Med Health / Alta Med BuenaCare	Champion Health IPA	Good Samaritan IPA
AMVI Med Group IPA	CHOC IPA	Health Care LA IPA
Angeles IPA	Clinicas Del Camino Real IPA	Healthcare Partners Med Group IPA
Applecare IPA	Coastal Communities Physicians IPA	Heritage California ACO IPA
Arizona Priority Care Plus IPA	Community Alliance Med Grp	Heritage New York Med Group IPA
Asian Community Med Group IPA	Community Health Group IPA	Heritage Provider Network IPA
Associated Hispanic Physicians IPA	Community Med Group IPA	Heritage Victor Valley Med Group IPA
Atlas Healthcare Physicians IPA	Conejo Valley Family Med Group	High Desert Med Group IPA
Axminster Med Group IPA	Desert Oasis Healthcare IPA	Hill Physicians Group IPA
Bakersfield Family Medical Center IPA	DHS IPA – ANY CITY/LOCATION NAME	Hill Sacramento IPA

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Hoag Med Group / Affiliated Physicians	Optum AppleCare / AppleCare Select IPA	Regal Med Group IPA
Huntington / HCP IPA	Optum Arta Health IPA	Regent Med Group IPA
Imperial Health Holdings IPA	Optum Citrus Valley IPA	Sante Community Physicians IPA
Inland Empire Health Plan (IEHP) Direct	Optum Care IPA	Senior Care IPA
Innova IPA	Optum LA Family Community IPA	Seoul Medical Group IPA
Kaiser NorCal HMO IPA	Optum Monarch IPA	Seaview IPA
Kaiser SoCal HMO IPA	Optum RPN IPA	Sharp Community IPA
Korean American Med Group IPA	Optum Talbert IPA	Sierra Med Grp / Sierra Vis Med Grp IPA
LA Care Direct Network IPA	Orange County Advantage IPA	SoCal Health IPA
Lakeside Community IPA	Orion IPA	Southland Advantage Med Group IPA
Lakeside Med Group IPA	Palo Alto Medical Foundation IPA	St. John's Physician Partners IPA
Lakewood IPA	Paramount IPA	St. Joseph Heritage Med Group IPA
La Salle Medical Associates IPA	PHS Premier Health Services IPA	St. Jude Heritage Med Group IPA
Las Islas Family Med Group IPA	Pinnacle Med Group IPA	St. Mary's IPA
Magan Medical Clinic IPA	Pomona Valley Med Group IPA	St. Vincent IPA
Memorial Care Med Group IPA	Preferred IPA	Stewart Medical Group
Memorial Care Select IPA	Premier Physicians Network IPA	Sutter Medical Foundation IPA
Mercy Physician Med Group IPA	Primary Care Associates of CA IPA	UCLA Med Group IPA
Mid Cities IPA	Primecare Med Group IPA	United Care IPA
Mission Heritage Med Group IPA	Priority Health IPA	United Physicians International IPA
Molina IPA	Prospect Med Group IPA	Upland Medical Group IPA
Monarch HealthCare IPA	Prospect Genisus or Prospect Professional	Valley Care IPA
Noble AMA / Noble MID Orange County	Providence Care Network IPA	Vivity- Anthem BC- All IPAs
Noble Community Medical Associates	Providence Affiliated Physicians	Watts Healthcare Corp IPA
Nuestra Familia IPA	Providence Health Services IPA	Welcome Health IPA
Omnicare IPA	Prudent Medical Group IPA	
Optum- ANY CITY/LOCATION NAME	Redlands Yucaipa Med Group IPA	

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As of February 19, 2026



Not Accepted IPAs / Medical Groups,

The list below includes insurance plans **NOT ACCEPTED** at Exer.

Advantage Health Network IPA	Greater Newport Physicians	Southland San Gabriel Med Group IPA
Affiliated Partners IPA	Healthy New Life IPA	Starlife- Affiliated Partner
AHF IPA (Aids Healthcare Foundation)	Hispanic Physicians IPA	Superior Choice Med Group IPA
All Care Med Group IPA	Imperial County Physicians Med Group IPA	Temecula Valley IPA
Allied – CFC IPA	Karing Physician IPA	Torrance Memorial / Health / Independent IPA**
Amada Health IPA	Kern Family Healthcare IPA	Tufts Health Plan IPA
Associated Dignity IPA	Key Medical Group IPA	Tulare County Health Plan IPA
Crown City IPA	Los Angeles Medical Center IPA	UC Davis Med Group IPA
Cal Care IPA	MCIP / MCIP GNP / MCIP Greater Newport	UCI Med Group IPA
Central Valley Medical Providers Inc	Partnership Health Plan of California (PHC) IPA	Vipa Med Group
CFC Metropolitan	Physicians Choice Medical Group	Whiteclaw IPA
CFC Valley	PIH IPA**	
ChoiceOne IPA	River City Med Group IPA	
Citrus Valley Physician Group IPA	San Judas Med Group	
COM Family Care IPA	Santa Clara Family Health Plan	
Community Alliance Medical Group	Samsun Clinic IPA	
Community Care Network IPA	Scripps Clinic IPA	
Community Family Care IPA	Seaside Health Plan IPA	
Dignity Health IPA	Serendib IPA	
Dignity Medical Group IPA	Serra Med Group IPA	
Family Health Alliance IPA	South Atlantic Medical Group IPA	
GNP- Memorial Care	Southern California Children's Health Care Network IPA	

**PIH IPA and Torrance Memorial IPA are accepted if the Health Plan is Anthem Blue Cross Vivity.

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